



Dz stz r chrdd stz zrdrstch st dzstichst st d R rsz z d d d d st z r
stzst d d st dz chr d z r z ch z st dr z d st d st st st rd z rr d st z st
r d d z stst z st d st z stz d st d d ch chl d st rdd st
r chl z d st d z d st d rr d st d d r d st dr stsr ch st d st zch
r d

z d st
z d ftd
z ch dz st z ch d d ft d d
z z st Dch z st
z d chl D z st
z dz zst z chrz stst
z chl dz ch dz D d ft
z d d st ijz chD st
z chrst zst z ch zr st st d
z dch dch d z stdr
z R rsz z d stdr z ch stdr
z dr r d r st z ch ch st
z zst st
z J d d zst
z J d Jz ch
z dz d rst dz chrst ft rstst st r
z z st d r r st d z r



ch zsh st d d st dr z ch r dr zrd rst ch st zsh zrd rst ch r
sz stz ch st rst ch ft z ch st r dd z stst st d R r z ch
z zftd d st

st zsh st d rst st zst zrd sh dr d st d z zst d rst st d szft rst
rstjd cl r st d z st rz ch r z sh zst dr st d r dr dr st r dst

dr d d st zst z chclasz z d ft ft st sh d z ch
z z ft st dr dch dz ch zjd d drz z z ft d st

d st r dz d zshst z z d ft chd z st d R r rr dr z ch zr z st z
r ft z d dr d st d st r cl zsh d jd d st dr z chst d d stz st d d st d
zrd rst ch z d dz rshch

drd stst d sh st st dr st zst zr z st cl r r z chrszjd cl r dch st d
zrd st z st z ch d st ft ft stst d z d fdr cl r zij fchd z

d z cl r sh zst d drdz z ch d ch drdz ft ch d d stszjd cl r z ch
zcl zsh sh d r drd stst ft st z chdzr d drdz z z ft d st z ch dch dr

Dz shz r ch stz zrd z z rr d stst ft st d d dstst zst
stst sh ft st

zrdz z rr d st ch r rst st d ft z st

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r z str ch dz d st chrst zrdch z stz d d stz ch rslz dr d z d
z clalr d z d d ststzst z d dch st ch d z zij ft drr clal rstzst z
r drr R z st d stl zr st z stz ftz zst stzstr rslz st z ft ft st d z d
z d r str rd st st iyz st zrdrst st d ftzr d st

• Rdslz ft d d d d dz ch d rst d zrdrst slz ft z d zst d slzstch
st d d d stz chr st r st drst r zrdch

• slzft rstclal r zijd rslzjd clal r z d st d z z z slr st drst z ch
r st d slzft rst z d st dr st ftz st r

• rr dr d r stl drst zstz d st d rslzjd clal r stl drst st zst r z chft z r
zstrr dr drst r d r rstst d st r d

• st d r dr st rstz st st stdr zstz d st d r z st d zrd d
st d d z st z chch d d st clalr z ft rslzjd clal r zst rslz dr st
rslzjd clal r z st r zst st stdr ch st d z d

• d r r z st r dr st zst rst d clal clalchr ch zstclal r z st chdr st d
slzft rstslzjd ch ch d d strslzjd clal r clalz st d r zstz d st d dr st
z ch zst r chdr st dr st zst clal dch st d zrd z st d d st z

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stst d d ch zrd dzrd ft d drst r clalr ft dchrst stl chr rr st d ijd
rr dr st st d zrd

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R z d st d z stl st st d zrd ch ft zr z st clal r r rslzjd clal r z ch
dr st r ch

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Trd z zstl z d ijr st d dr z ch d st st z z d ch d d stch d r r st d
zrd rrd st r ch d z z z stz dr d st d st d zrd st zst z dchr d dch
z zr st iyz st zstr z iyz ft st d d str st r z ch z d z ch clal
d d clast r



z d ch clir rd zclirst z zst stzstr st clch st d z ch
zrd z z r r d st st z cl drst z dr sz dr z st ft d d stch d st
rszstrst z d st z ftz zst z ch st d dd z st zst z r

Trdd ch stirst cl szst r ijr z r d r stir z ch st d r dr d d d dch
st d zrd z z r r d st

d zrd st d d st sz stz ch z z d rr dr st d R r z chr ft dd z stst
z ch zch rstzst dr d st dr d d stchst r cl zst dr d st
z ch d st dr st d zrd rst ch z d dz z ch zrd st ftz chz z r r rst ijr st st dr d d stchst

zrd r d z r z d clir dch st z st z ch d r d zrd rst zr z dz z ch
d ftzft ft dft ft clhd z chd ch d zrd rst z rdr st d st drstz ch r st st d
dzcl

d zrd drd st z st dr z r st zst z rdr ft d d st ft d r
d zrd r r ch d d strszjd clir d r r z chz st r d ijr
chr rr

zst z zst z r drstftzst z ch drdz dst ch st d st zst
z ch zst zr zjd d d d st rd st z z clrd cl r d zst zr

zst rd z zft d st d zstchst d dr z ch z d ijr st z z d
st d z st chr rr drst r st d zrd d rst st dch z ch dz r st d
cl d d st z ft z z ft d st z dz d r

dzrd r st d st dr st z ch zst



Trd st d zr st d rd zr z zr rr d d clair ft zr st d st D d st r st st r
d z d st r z ch clair st r d st st z st ch st z fd st d zrd r st ch clair dr z
d st r r st ft ft rd st d drd st d rd

z st z d st z st d d st ft st d zrd z ch rd st ch dr dr d st d ch
ch ft st d z st r r clit d st st d zrd r st

r dr rd ch st d zrd r st ch r ch dz z st st ch r ft
st d Rdd American Psychological Association. (2020). Publication manual of
the American Psychological Association, seventh edition d z st

dzrd d d st st d z st d ch

z st z st z d d z fd ch st st j d st dr z ch cl r ch ft d ch dr dz z ch st d r
z r st d z r dz r j d ch st cl r d st r d d st d z ch dz rz dz r d d
st r st st cl r drr st z st r st z st z st d z rd st drd z st z r
r st r z ch r z d ch z st r st st st d d st

r rr r r st d ft z j z ch z d st dd r d ch dz ft st r ft st ch
z st d d r st ft ft st z st z r